



All Saints Church, Kingston- upon-Thames

The Ancient Parish Church of Kingston

4 August 2024 (10th Sunday after Trinity)

**ALL SAINTS
KINGSTON**

Welcome to this Service of Sung Eucharist. The Celebrant is the Revd Sarah Williams and the Preacher is Bishop Martin Wharton. The choir are taking their summer break.

The service is filmed and broadcast on our YouTube channel. Please sit in the back three rows if you want to avoid being filmed.

Please stay for refreshments in the east end of the church after the service and do remember to always keep your belongings with you.

<u>Hymns</u>	345	Christ is the King, O friends rejoice!
	337	As pants the hart for cooling streams
	271	Alleluya, sing to Jesus
	431	O thou who camest from above

Mass Setting Gloria – Margaret Rizza (on laminated sheet)
Sanctus & Benedictus – John Merbecke (NEH 542)

Collect Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

Readings

Exodus 16: 2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.

Ephesians 4: 1-16

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

John 6: 24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the

loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Post Communion Collect

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen.**

News and Events

Eco Tip

Don't mow so often - save time and money on electricity. Most of our native insects in their larval or grub stages can be wiped out by early mowing. Plus it will cut the early pollinating plants that keep the bees fed in early spring.

Planned Giving Appeal - Please pick up a purple booklet entitled 'Bringing Faith to Life in the Centre of Kingston'. This provides an overview of our activities and the funding we need. To sustain our exciting programme, we need to raise an extra £20,000 per year. Please consider helping us by reviewing your regular giving. We invite new members to set up a Standing Order and existing givers to review the amount they give. Please pick up pledge forms from the welcome desk or the homepage of our website. If you're increasing an existing Standing Order, please inform our Treasurer, Alastair Deller: giving@allsaintskingston.co.uk

Prayer Space - the next date for the Ignatian prayer space is **Aug 13th 5.30-6pm in the church**. All are welcome. If you would like more information, please contact Sarah Williams sarah@allsaintskingston.co.uk

Bereavement Café – **The next session is on 14th August**. Flyers are available in the church with further details.

Offline Social - join Elaine Hallam, (actor, singer and coach) for an 'Offline' Social on Saturday 28th Sept at 7:30pm in the church, connect face-to-face, making new friends, no screens in sight! Read, draw, write and create. Live acoustic ambient

music. For more details see the website or Eventbrite where you can also get tickets for the evening.

Kingston Faith Talks: The Economy, how do we build an economy which works for us all? – join us for our next in what has been a very popular series of Faith Talks on **Wed 11 Sept at 6:15pm** with main speaker Bishop Peter Selby, author of 'Grace and Mortgage'. Reserve your free space via ticket source.

The Big Sleep Out – Kingston Churches Action on Homelessness (KCAH) on **4th of October at 8pm until 7am**, for more details Register online: Kcah.org.uk/sleep-out. Flyers can be found in the church and further information on the website.

Come & Sing: The Messiah – on **Saturday 5th October** with All Saints Choir. Please pick up a flyer in church for full details on how to register to sing with All Saints Choir at this exciting event. If you don't wish to sing and just want to come and listen, you can do this as well!

Can you Help Us?

We would like to hear from you about activities and events you would like to attend, participate in, or see taking place at the church by answering two questions:

What are you interested in? –would you like to see an introduction to, or talks on a particular subject such as history, birds or gardening; perhaps hobbies, (gentle) indoor sports or wellbeing activities such as meditation or chair yoga? Or would you like to have more knowledge on a particular subject such as photography, getting to know your camera or getting the best out of your laptop or mobile phone.

What events you would like to attend? –this is a slightly different question, as we're thinking bigger! How about cheese and wine evenings, piano solo concerts, organ proms, meet the author (book signing events), gospel or folk music or perhaps a disco or dance.

All ideas and suggestions welcome. Contact Jenny info@allsaintskingston.co.uk and Kate comms@allskingston.co.uk

Services This Week:

Tues Holy Communion at 12 noon

Wed

Holy Communion at 12 noon

Evening Prayer at 5:30pm

Thurs

Holy Communion at 12 noon

Sunday

Holy Communion at 8am

Sung Eucharist at 9:30am

Sung Evensong at 6pm

Contact Details

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